

2023-2024 Schedule

Preschool	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hummingbirds Parent & Me	6:10-7:00			10:30-11:20		10:10-11:00
Kiwis Ages 3.5-4.5	5:10-6:00 6:10-7:00		5:25-6:25	4:00-4:50		11:10-12:00
Penguins Ages 4.5-5.5	4:00-5:00			4:00-5:00 4:55-5:55	4:50-5:50	
Falcons Kindergarten	6:10-7:10	5:15-6:15				
All Around	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Level 1	5:10-6:10	6:25-7:25		5:10-6:10	6:00-7:00	
Level 2		6:25-7:25		5:10-6:10 6:00-7:00	4:50-5:50	
Level 3		4:00-5:00	5:15-6:15	5:10-6:10	6:00-7:00	
Level 4		5:10-6:25		6:15-7:30		
Level 5/6			7:30-9:00			
Level 6/7						
Ninja	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Ninja	6:10-7:10	5:15-6:15 6:25-7:25	5:15-6:15	5:15-6:15 6:25-7:25		
Ninja Masters			6:25-7:25			9:00-10:00
Tumble/Tramp	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Level 1/2 KO			6:25-7:25			
Level 3/4 KO			6:25-7:25			
Level 4 WO			6:25-7:25			
Level 5/6/7 BHS/Tuck/Twist		7:30-8:30	4:00-5:00	6:20-7:20 (5/6)		
Gymnastics for Me	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Goldfish						9:00-10:00
Adult Fitness	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Levels	7:15-8:45		7:30-9:00			

